

HIRS Update – November 2018

Welcome to November's e-update from your local HIRS (Health Information and Resources Service); aiming to keep you abreast of recent/future developments in health information, resources and campaigns, both locally and nationally.

HIRS LEAFLET LIST

The latest HIRS Leaflet List (dated November 2018) has been updated, which replaces all previous lists that should be binned to avoid confusion.

NHSWI INHOUSE MATERIALS

The majority of NHSWI approved inhouse patient and health information materials can be accessed/viewed by staff via the Intranet (Clinical Links/Patient & Staff Info Leaflets). Information can also be found on the NHSWI website at: <https://www.wihb.scot.nhs.uk/patient-information-leaflets>

All titles have been produced by NHSWI staff in conjunction with patients/carers, and have been approved for use by the NHSWI Patient & Health Information Group (PHIG). The following are recently approved titles:

- Bringing Your Own Medications Into Hospital When Admitted (version 2)
- Congratulations on Your Pregnancy (HV invitation letter) (version 1)
- Dementia: Post Diagnostic Support (Lewis & Harris) (version 1.2)
- Dementia: Post Diagnostic Support (Uist & Barra) (version 1)
- Information About Your Doctor's Treatment Request (version 1)
- Lochmaddy Dental Clinic (version 3)
- Medicine Information Card (version 2)
- Medicine Information Card (less time descriptors) (version 2)
- Medicines Review (version 3)
- mPower: Healthy and connected communities (version 1.1)
- mPower: Self Referral Form (Lewis & Harris) (version 1)
- My Anticipatory Care Plan (version 1)
- Patch Testing (version 3)
- Phototherapy (version 4)
- Safe Management of Sharps (version 2)
- Thinking of a Career in Medicine? (version 1)
- Turas Appraisal (version 1)
- Use of DTP and Design (version 6)
- Warfarin: What to expect before you go home (version 4)
- Welcome to mPower (version 1.1)
- Western Isles Dental Centre (version 4)
- Western Isles Dental Centre: Provision of dental treatment by students (version 4)

SCOTLAND'S SERVICE DIRECTORY (SSD)

NHS 24 have developed a directory of services (Scotland's Service Directory) on NHS Inform to provide easy to find information on pharmacies, GP practices, Emergency Departments, opticians, sexual health clinics, dentists and health and wellbeing services - all available within each Board area. NHSWI have recently begun discussions with NHS 24 to review existing information and how it intends to source/input new content to promote Outer Hebrides services. More details to follow.

NEW NHS HEALTH SCOTLAND TITLES

Please note that the following title from NHS Health Scotland has been developed. Copies should be ordered via HIRS.

- Formula Feeding (Easy Read) booklets

REVISED NHS HEALTH SCOTLAND TITLES

Please note that the following titles from NHS Health Scotland have recently been updated. New copies should be ordered via HIRS and older copies binned/replaced.

- Child Immunisation Poster (A3 size) - these were issued alongside flu immunisation materials
- ABI Calculators (please note older versions can still be used until stocks are depleted)

We have been notified by NHS Health Scotland that their 'PROTECT YOUR CHILD AGAINST SERIOUS DISEASES (BABY AND CHILD VACCINES)' title (featuring publication date 07/18) contains incorrect guidance and should be recycled/binned immediately. Replacement copies have been ordered and to replace any existing stocks please contact HIRS direct.

We have also been informed that 'Ready Steady Baby' is currently being revised and will be relaunched next year (expected to be launched March 2019). It is expected the 'Ready Steady Toddler' will also be revised and relaunched towards the end of 2019. As well as English, alternative languages for both titles will be developed (in Polish, Urdu and Mandarin), and easy-read versions will also be produced.

DISCONTINUED NHS HEALTH SCOTLAND TITLES

Please note that NHS Health Scotland has taken the decision to discontinue the following title:

- Healthy Happy Kids: Simple steps to a healthy weight for children and their families

FLU MATERIALS 2018/19

All NHSWI sites, teams and depts. have now been issued with copies of this year's flu materials for promoting within their leaflet racks/waiting areas for staff/patients/carers. If further copies are required, please contact HIRS direct.

ACTIVE HEBRIDES STRATEGY 2019-2030 - OPEN FOR CONSULTATION

The above strategy is now open for public consultation and can be viewed at: <http://www.promotionswi.scot.nhs.uk/?p=4324> Feedback can be provided following the survey link at the website. Hard copies of the strategy are also available by emailing Norma Macleod at: norma.macleod1@nhs.net

HEALTH PROMOTION DEPARTMENT STRATEGY & OPERATIONAL PLAN 2018/21

The above strategy and op plan sets out how NHSWI Public Health Division intends to promote the health of the people of the Outer Hebrides. to view visit: <http://www.promotionswi.scot.nhs.uk/>

HEALTH PROMOTION DEPARTMENT: SNAPSHOT AUGUST-OCTOBER

View the quarterly snapshot showcasing the breadth of work Health Promotion staff have been involved with during August-October 2018 at: <https://bit.ly/2D8aycB>

ANTIBIOTIC AWARENESS CAMPAIGN

In preparation for World Antibiotic Awareness Week (12th-18th November), a national campaign (conducted via tv and radio) has commenced to increase awareness of global antibiotic resistance to avoid the further emergency and spread of antibiotic resistance. The campaign is specifically targeted at families and over 50's who have high levels of contact with their GPs.

HEALTH INEQUALITIES ALERT: OCTOBER

The latest Knowledge Services Health Inequalities Alert has been produced and is available to view at <https://bit.ly/2Ok7xae>

SCOTTISH CANCER PREVENTION NETWORK (SCPN) NEWSLETTER

Please note that Volume 9. Issue 4 of SCPN is now available to view online

at: https://www.cancerpreventionscotland.org.uk/wp-content/uploads/2018/10/SCPN_Vol-9_Issue-4_c-1.pdf

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