

NHS
Eileanan Siar
Western Isles

Barra's Sport & Activity Directory

DRAFT COPY





Foreword

Welcome to the Sport & Activity Directory for Barra!

This booklet was produced by NHS Western Isles and supported by the sports division of Comhairle nan Eilean Siar and wider organisations.

The purpose of creating this directory is to enable you to find sports and activities and other useful organisations in Barra which promote sport and leisure.

We intend to continue to update the directory, so please let us know of any additions, mistakes or changes. To our knowledge the details listed are correct at the time of printing.

The most up to date version will be found online at:
www.promotionswi.scot.nhs.uk

To be added to the directory or to update any details contact::



Alison MacDonald
Senior Health Promotion Officer
NHS Western Isles
42 Winfield Way, Balivanich
Isle of Benbecula
HS7 5LH

Tel No: 01870 602588
Email: alison.macdonald9@nhs.net





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Sports Organisations

UIST AND BARRA SPORTS COUNCIL

The Uist and Barra Sports Council is an association of local sports clubs and organisations who work together with NHS Western Isles and Comhairle nan Eilean Siar to foster and develop sport locally

Christine MacQuarrie
Secretary
Uist & Barra Sports Centre
Lionacleit Education Centre
Isle of Benbecula
HS7 5PJ
Tel: 01870 603591
c.macquarrie@cne-siar.gov.uk



COMMUNITY SPORTS HUB

The Uist and Barra Sports Hub officer works with communities and facilities to foster and develop new sports clubs and offer support local clubs

Kevin Morrison
Community Sports Hub Officer
Lionacleit Education Centre
Isle of Benbecula
HS7 5PJ
Tel: 01870 603599
kevin.morrison@cne-siar.gov.uk



WESTERN ISLES ISLAND GAMES ASSOCIATION

The Western Isles Island Games Association is responsible for the planning, preparation and management of the Western Isles Island Games Team.

Secretary
Lewis Sports Centre
Springfield Road
Isle of Lewis
HS1 2PZ
Tel: 01851 822787 / 822785



Uist & Barra Sports Council members

Uist & Barra Youth Football Group

Claire Bagley - Secretary
clags84@live.co.uk

Western Isles

Duke of Edinburgh Award

Community Learning & Development
Lionacleit Education Centre
Isle of Benbecula
01870 603671

Associations

Uist and Barra Football Association

f Uist & Barra Football Association

WI Badminton Association

f Western Isles Badminton Association

Football clubs

f Barra FC

Joanna MacLean

joannamaclean@btinternet.com

f Benbecula FC

Iain Macdonald

donyards@hotmail.com

f Eriskay FC

Shaun MacKinnon

Shaun.mackinnon@hotmail.co.uk

f lochdar Saints FC

Stephen MacAulay

Stephen@askernishquarry.com

f North Uist FC

Fraser MacDonald

07989 224569

f Southend FC

Christine MacQuarrie

tinomacq@yahoo.co.uk




Barra Sports Clubs and Organisations

Adult Football

neilieboy88@btinternet.com

Barra Badminton Club

Paul Maguire

 Barra Badminton Club

Barra Golf Club

19 Bentangaval

Cleat

Isle of Barra

HS9 5XN

motac@btinternet.com

Barra Surf & Coastal Adventures

~ Surfing, snorkelling, coastering & sea kayak/ sit-on-tops ~

Castlebay

Isle of Barra

HS9 5XD

01871 810443

info@barrasurfadventures.co.uk

www.barrasurfadventures

Barra Watersports Club

TBC

Barrathon

~Half marathon, fun run & Junior fun run~

Castlebay

Isle of Barra

01871 810262

Katie@barrathon.org.uk

www.barrathon.org.uk

Clear Water Paddling

~Kayaking~

Castlebay

Isle of Barra

HS9 5XD

01871 810443

info@clearwaterpaddling.com

www.clearwaeterpaddling.com

Complementary Therapies & Yoga


Sheila MacDonald

Solas, 20 Torlum

Isle of Benbecula

HS7 5PP

Tel: 07919 184627


 Solas Complementary Therapies and Yoga

Game Fit/ Metafit FBX/ MetaPWR

Castlebay

HS9 5XD


Kristie_boyd@live.co.uk

 KB Fitness

Highland Hustle

Eileen O'Carroll

01871 270289

 Highland Hustle with Eileen - Barra

Paths for All/ Health Walks

Walk on Hebrides

Health Walks Coordinator

01851 762018

karen.peteranna@nhs.net

Running/ Cross Country

Castlebay Community School

Isle of Barra

01871 810100

Zumba

Theresa Irving

 Zumba Barra

Helpful Contacts...

Adult Learners

Learning Centre
Castlebay
Isle of Barra
01871 810886

Coimhearsachd Bharraigh & Bhatarsaigh (CBaB)

Castlebay
Isle of Barra
Info@barra-vatersay.org.uk
01871 810266

Barra Children's Centre

Castlebay
Isle of Barra
01871 810890
info@barrachildrenscentre.org.uk


Comann Eachdraidh Bharraigh agus Bhatarsaigh

Dualchas Heritage Centre
Castlebay
Isle of Barra
HS9 5XD
01871 810413
barraheritage@btconnect.com


Barra Learning Centre

Castlebay
Isle of Barra
01851 770600
Irene.donnelly@lews.uhi.ac.uk

Garadh a' Bhagh a' Tuath

Am Bothan, Northbay
Isle of Barra
HS9 5XY
01871 890765
www.garadh.co.uk
 Garadh a bagh a tuath

Buth Bharraigh

Castlebay
Isle of Barra
01871 817948
info@buthbharrigh.co.uk
 buthbharrigh

Guth Bharraidh

Castlebay
Isle of Barra
barra.new@vabv.org.uk
01871 810401
 guth bharraidh

Citizen Advice Bureau

Castlebay
Isle of Barra
01871 810608

Voluntary Action Barra & Vatersay

Castlebay
Isle of Barra
HS9 5XD
01871 810401
www.vabv.org.uk

Cobhair Bharraigh

Kentangaval
Castlebay
Isle of Barra
HS 5XL
01871 810906
cobhairbharrigh@btconnect.com
 Cobhair Bharraigh SCIO

Volunteer Centre

Northbay
Isle of Barra
01871 890775
barra@volunteeringwesternisles.co.uk

School & Community Halls


Castlebay Community Hall

Castlebay
Isle of Barra
HS9 5XD
01871 810100
castlebayhall09@btinternet.com

Castlebay Community School

Castlebay
Isle of Barra
HS9 5XD
01871 810100

Northbay Hall / St Barr's Hall

Northbay
01871 890
 stbarrsbarra

Vatersay Hall

Vatersay
01871 810237

Sports Facilities / Gyms

Castlebay Sports Centre Swimming pool & Fitness suite

Castlebay
Isle of Barra
HS9 5XD
01871 810129

Castlebay Community School - Games Hall

Castlebay
Isle of Barra
HS9 5XD
01871 810100



Useful Websites

Active Schools

www.cne-siar.gov.uk/activeschools

Eat Better Feel Better

www.eatbetterfeelbetter.co.uk/

Hebridean Way

www.visitouterhebrides.co.uk/see-and-do/activities/hebridean-way

Lews Castle College UHI

www.lews.uhi.ac.uk/

Mental Health Foundation

www.mentalhealth.org.uk/scotland

NHS Health Scotland

www.healthscotland.scot

NHS Couch to 5K

www.nhs.uk/live-well/exercise/couch-to-5k-week-by-week/

NHS Eatwell

www.nhs.uk/live-well/eat-well/

Sport and Health

www.cne-siar.gov.uk/leisure-sport-and-culture

Take Life On Campaign

www.takelifeon.co.uk

University of the Highlands and Islands

www.uhi.ac.uk

NHS Western Isles

www.wihb.scot.nhs.uk

NHS Western Isles Health Promotion department.

www.promotionswi.scot.nhs.uk

 HIRS Western Isles

Walk Highlands

www.walkhighlands.co.uk/outer-hebrides/

Evening Classes

Barra Learning Centre

Castlebay

Isle of Barra

01851 770600

irene.donnelly@lews.uhi.ac.uk



Sport & Health Contacts

Active Schools Co-ordinator Uist
Christine MacQuarrie 01870 603591
chrisitne.macquarrie@cne-siar.gov.uk

Community Sports Hub Officer
Kevin Morrison 01870 603599
kevin.morrison@cne-siar.gov.uk

Outdoor Learning Manager
Tim Pickering 01851 822781
Isi Oakley 01851 822781

Sports Facilities Services Manager
Tony Wade 01851 822780
twade@cne-siar.gov.uk

Barra Sports Centre Manager
Christina MacWilliams 01870 603539
cmcwilliams@cne-siar.gov.uk

Move More Activity Officer
Kevin Morrison 01870 604880
Kevin.morrison@cne-siar.gov.uk

NHS Western Isles
Health Promotion Department
01870 602588
alison.macdonald9@nhs.net

NHS Western Isles
Walk on Hebrides
Health Walks coordinator
01851 762018
karen.peteranna@nhs.net

NHS Western Isles
Health Information Resources Department
01851 701545
marissa.maclennan@nhs.net

Community Learning & Development

**Community Learning & Development
(Barra)**
Castlebay Hall
Isle of Barra
HS9 5XD
01871 817215
katiedenehy@cne-siar.gov.uk

**Community Learning & Development
(Uist)**
Lionacleit Education Centre
Isle of Benbecula
HS7 5PJ
01870 603671
catriona.morrison@cne-siar.gov.uk

**Community Learning & Development
(Lewis)**
Tel: 01851 822714
fionamacinnes.begg@cne-siar.gov.uk

**Community Learning & Development
(Harris)**
01859 502367
mairi_maciver@cne-siar.gov.uk



Notes